



Quiet My Soul

Psalm 62

Mark Basarab

**How do I deal with
personal attacks?**

1 Truly my soul finds rest in God;
my salvation comes from him.

2 Truly he is my rock and my salvation;
he is my fortress, I will never be shaken.

Psalm 62 (NIV) (p.1/6)

3 How long will you assault me?
Would all of you throw me down —
this leaning wall, this tottering fence?

4 Surely they intend to topple me
from my lofty place;
they take delight in lies.
With their mouths they bless,
but in their hearts they curse.

Psalm 62 (NIV) (p.2/6)

5 Yes, my soul, find rest in God;
my hope comes from him.

6 Truly he is my rock and my salvation;
he is my fortress, I will not be shaken.

Psalm 62 (NIV) (p.3/6)

7 My salvation and my honor depend on God;
he is my mighty rock, my refuge.

8 Trust in him at all times, you people;
pour out your hearts to him,
for God is our refuge.

Psalm 62 (NIV) (p.4/6)

9 Surely the lowborn are but a breath,
the highborn are but a lie.

If weighed on a balance, they are nothing;
together they are only a breath.

10 Do not trust in extortion
or put vain hope in stolen goods;
though your riches increase,
do not set your heart on them.


Psalm 62 (NIV) (p.5/6)

11 One thing God has spoken,
two things I have heard:

“Power belongs to you, God,
12 and with you, Lord, is unfailing love”;

and, “You reward everyone
according to what they have done.”

Psalm 62 (NIV) (p.6/6)


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1. Despair v1-4
 2. Decision v5-8
 3. Declaration v9-12

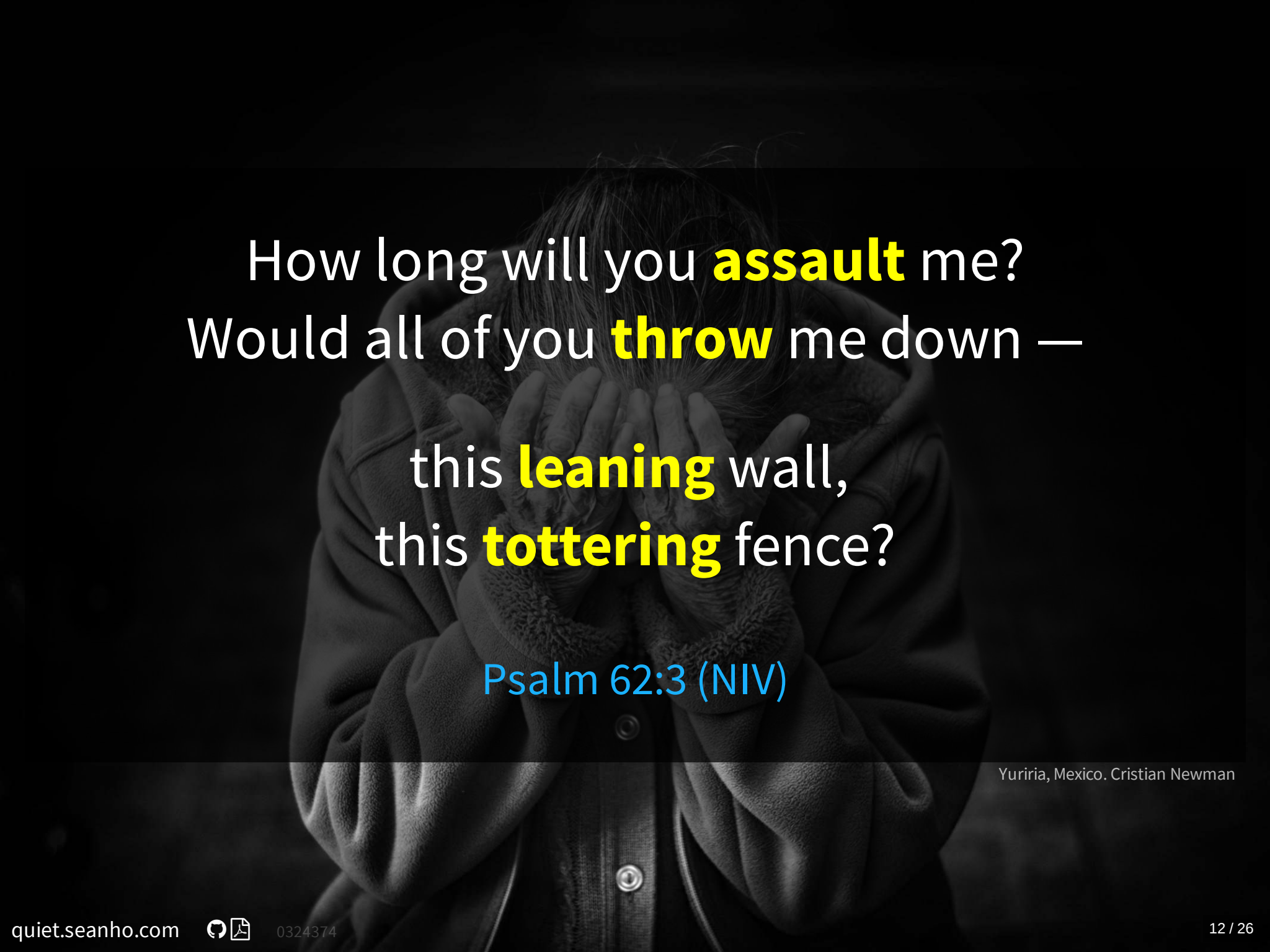
Truly my **soul** finds **rest** in God;
my **salvation** comes from him.

2 Truly he is my **rock** and my salvation;
he is my **fortress**, I will never be shaken.

Psalm 62:1-2 (NIV)

Hạ Long Bay, Vietnam. Vincent Guth

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1. **Despair** v1-4
 2. Decision v5-8
 3. Declaration v9-12



How long will you **assault** me?
Would all of you **throw** me down —
this **leaning** wall,
this **tottering** fence?

Psalms 62:3 (NIV)

Yuriria, Mexico. Cristian Newman

Surely they **intend** to topple me
from my **lofty** place;
they take **delight** in **lies**.


With their mouths they **bless**,
but in their hearts they **curse**.


Psalm 62:4 (NIV)

Kristina Flour

Have others **torn
me down?**

Have **I done
the same?**

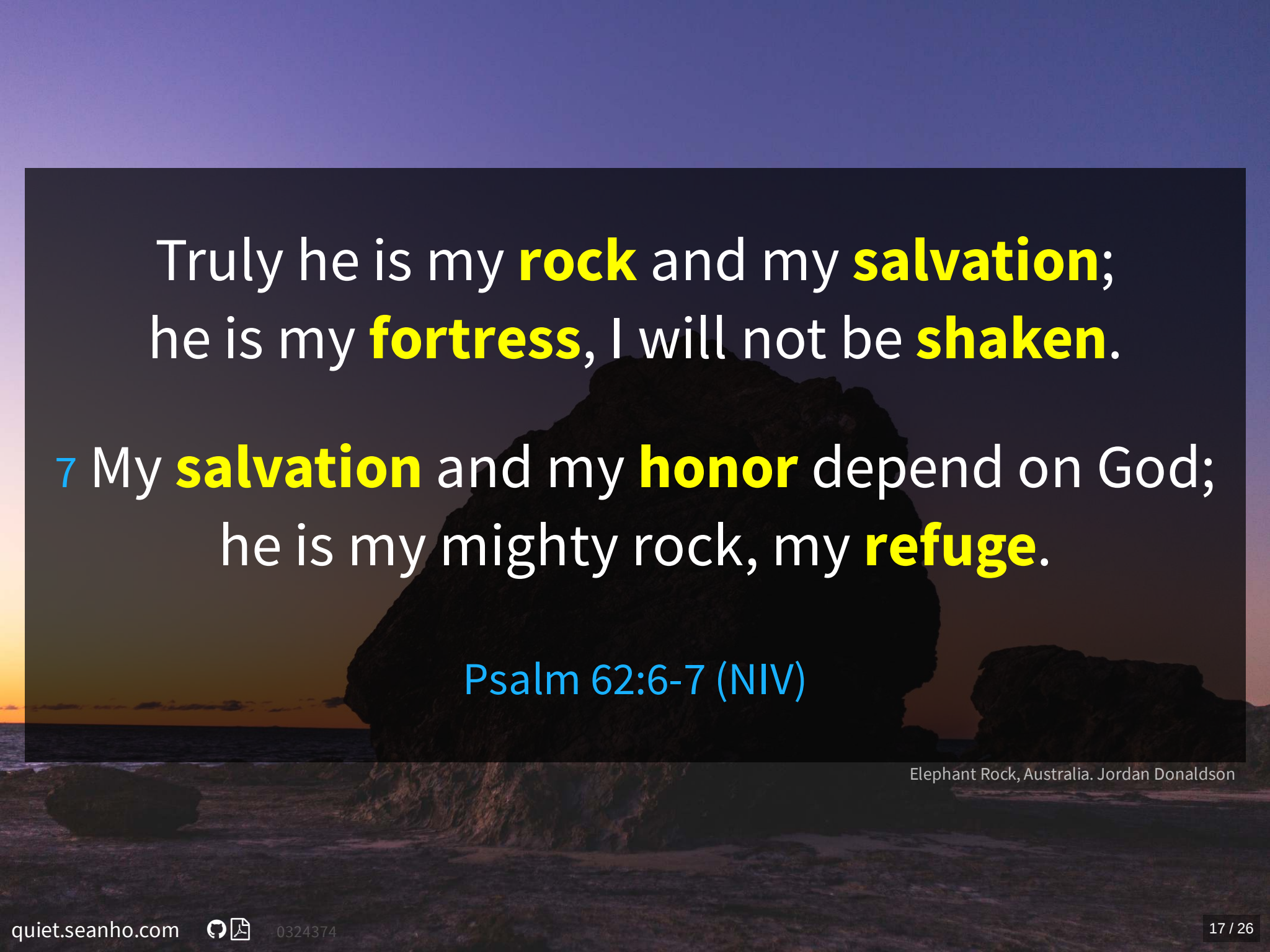
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1. Despair v1-4
 2. **Decision** v5-8
 3. Declaration v9-12



Yes, my soul, **find rest** in God;
my **hope** comes from him.

Psalm 62:5 (NIV)

Montreal, CA. Marc-Olivier Jodoin

A large, dark rock formation, known as Elephant Rock, stands prominently on a beach at sunset. The sky is a mix of deep blue and orange, and the ocean is visible in the background. The rock is the central focus of the image, with its silhouette clearly defined against the bright sky.

Truly he is my **rock** and my **salvation**;
he is my **fortress**, I will not be **shaken**.

7 My **salvation** and my **honor** depend on God;
he is my mighty rock, my **refuge**.

Psalms 62:6-7 (NIV)

Elephant Rock, Australia. Jordan Donaldson




Trust in him at all times, you people;
pour out your hearts to him,
for God is our **refuge**.

Psalm 62:8 (NIV)

Ricardo Gomez Angel

**Do I wait upon God
as my refuge?**


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1. Despair v1-4
 2. Decision v5-8
 3. **Declaration** v9-12

Surely the **lowborn** are but a **breath**,
the **highborn** are but a **lie**.

If **weighed** on a balance, they are **nothing**;
together they are only a **breath**.

Psalm 62:9 (NIV)


Savoie, France. Thomas Tixtaaz



Do not trust in **extortion**
or put vain hope in **stolen** goods;
though your **riches** increase,
do not set your **heart** on them.

Psalm 62:10 (NIV)

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Power belongs to you, God,
12 and with you, Lord, is **unfailing love**;
and You **reward** everyone
according to what they have **done**.

Psalm 62:11-12 (NIV)

Ciucaș Peāk, România. David Marcu

**What has my
suffering revealed
about people,
power, and God's
Providence?**



5 Yes, my soul, **find rest** in God;
my **hope** comes from him.

6 Truly he is my **rock** and my **salvation**;
he is my **fortress**, I will not be shaken.

Psalm 62:5-6 (NIV)

