



**Do not worry!**

**MATTHEW 6:25-34; 1 PETER 5:7-10**

# Biblical Meaning of "Do Not Worry"

**“DO NOT WORRY MEANS NOT THAT WE SHOULD NOT THINK ABOUT OR PLAN AHEAD BUT THAT WE ARE NOT TO BE ANXIOUS. ...MOREOVER, EACH DAY HAS TOO MANY UNAVOIDABLE WORRIES OF ITS OWN FOR US TO INDULGE IN WORRIES ABOUT THE FUTURE AS WELL.”**

**THE NIV BIBLICAL THEOLOGY STUDY BIBLE**

# How the worry may play itself out

- **SPIRITUAL** SOME PEOPLE WORRY THAT GOD COULD NEVER FORGIVE THEM, SO THEY DON'T THINK THEY'RE WORTHY TO BE SAVED OR TO SERVE CHRIST
- **PARENTING** PARENTS WORRY OVER GIVING KIDS EVERYTHING THEY WANT OR NEED. FORGETTING THE MOST IMPORTANT THING THEY CAN DO FOR THEIR CHILDREN IS TO LIVE A LIFE SO IN LOVE WITH GOD THAT IT MAKES KNOWING AND SERVING CHRIST IRRESISTIBLE TO THEIR KIDS

# How the worry may play itself out

- **MARITAL** WIVES WORRY THEIR HUSBANDS DON'T LOVE THEM ENOUGH. HUSBANDS FEAR THEIR WIVES DON'T RESPECT THEM. SO, THEY SPEND THEIR ENERGY HOLDING ONE ANOTHER EMOTIONALLY HOSTAGE UNTIL THE OTHER GIVES THEM WHAT THEY THINK THEY DESERVE. ONLY TO ONE DAY FIND THAT THEIR FEAR OF MISTREATMENT HAS DRIVEN A WEDGE BETWEEN THEM AND THEIR SPOUSE, CREATING A RELATIONSHIP CHARACTERIZED BY MANIPULATION AND ISOLATION.

# How the worry may play itself out

- **FINANCIAL** OTHERS FEAR FINANCIAL RUIN OR WANT TO APPEAR SUCCESSFUL, SO THEY DEVOTE THEIR LIVES TO CAREER AND CASH. RATHER THAN BLESSING OTHERS WITH WHAT THEY'VE BEEN GIVEN, THEY HOARD THEIR WEALTH IN FEAR OF LOSING WHAT THEY HAVE EARNED.
- **SOME WORRY THEY WON'T BE ABLE TO RETIRE** SO THEY SPEND THEIR LIVES BUILDING THEIR INVESTMENTS ONLY TO ONE DAY STAND BEFORE GOD AND REALIZE THAT THEY INVESTED IN THE WRONG 'RETIREMENT'



Why does God not want us  
to worry?



What is really the root of  
our worries?

# 3 Laws of the human heart

1. WE TREASURE TREASURES (WE ARE INVESTORS)
2. WE OPERATE FROM A VISION OF OUR REALITY
3. WE ARE INCURABLY RELIGIOUS (WE SERVE SOME KIND OF GOD)

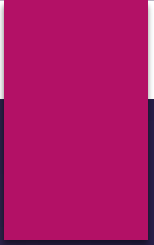


God or  
mammon

**Light or  
darkness**

Our investment  
(treasure)

Jesus teaches that the decision we make about our investments, emerges from the vision of reality, and our vision of reality emerges from God we are serving



**How do we know whether we  
are investing treasures in  
heaven, how can we tell  
whether or not we are  
deceiving ourselves?**



Is it possible to move out of our worries? If so, how do we do it?